

Breakfast Menu

COOKED BREAKFAST

FULL IRISH BREAKFAST G E M S M U L S U

LEAN RASHER OF BACK BACON, FREE RANGE SCRAMBLED EGGS, SAUSAGE, BLACK & WHITE PUDDING, BEANS, MUSHROOMS & FRIED POTATO CUBES

SHORT IRISH BREAKFAST G E M S M U S

LEAN RASHER OF BACK BACON, FREE RANGE SCRAMBLED EGGS, SAUSAGE, & BAKED BEANS

BACON & EGGS G F E M

TWO LEAN RASHERS OF BACK BACON SERVED WITH FREE RANGE SCRAMBLED EGGS

SCRAMBLED EGGS ON TOAST E G M

FREE RANGE SCRAMBLED EGGS ON WHITE TOAST

VEGETARIAN BREAKFAST E G F M

FREE RANGE SCRAMBLED EGGS, BEANS, TOMATO & MUSHROOMS

ALLERGENS LEGEND:

GF: GLUTEN FREE **G:** CONTAINS GLUTEN **C:** CELERY **E:** EGGS **M:** MILK **F:** FISH **MU:** MUSTARD **L:** LUPIN **SS:** SESAME SEEDS
N: NUTS **CR:** CRUSTACEANS **MO:** MOLLUSKS(SHELLFISH) **SU:** SULPHITES **S:** SOYA

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FROM THE BUFFET

Muesli _G Cornflakes _G Branflakes _G Rice Krispies _G
Weetabix _G Hot Porridge _{G M} (avail on request)
Grapefruit Segments _{GF} Mandarin Segments _{GF}
Natural Yoghurt _{M GF} Cold Meats _{GF} Cheese _{M GF}
Toast _G Traditional Wheaten Bread _G

DRINKS

Tea, Coffee, Milk, Selection of Herbal Teas
Orange Juice, Cranberry Juice

A selection of Jams and Preserves are also available